

[ACTIVITY] GUIDELINES

for a safe visit to Country Lake
Christian Retreat

WHAT ARE WE DOING?

- PROVIDING** mobile hand washing stations at activity areas
- EXPLAINING** safety briefing to inform guests on expected measures
- WEARING** PPE when necessary and when responsible for facilitation of activities
- MODIFYING** procedures to allow adequate space and limit close contact during activities
- SANITIZING** before, during, and after activities to ensure the safest environment possible

[OUR TOP PICKS] for social distancing activities

1. Zip lining
2. High ropes course
3. Paintball
4. Archery
5. Axe throwing
6. Beach swimming
7. Disc golf

HOW CAN YOU HELP?

- Wash your hands **often** and **properly** when stations are available
- Use hand sanitizer **before** getting in line
- Refrain** from handshakes, hugs and high-fives (at least for now!)
- Cover coughs and sneezes appropriately and **immediately** wash your hands
- Honor** spacing requests from facilitators and be **respectful** of other's space
- Always** let a **Country Lake staff member** know if you are not feeling well or are symptomatic

MONITORED GAMES (with frequent sanitization)

Volleyball
Gaga ball (limited participants)
Basketball
Tetherball

CLOSED ACTIVITIES (until further notice)

Low ropes course
Playground
Swings